

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
4:00 - 5:00 Pre-Inter B Hip Hop with Miss Mackenzie	4:00 - 5:45 Pre-Inter A Jazz & Ballet	4:00 - 5:00 Junior Ballet with Miss Amber & Miss Calissa	4:00 - 5:00 Pre-Inter B Ballet	4:00 - 5:00 Junior Jazz with Miss Calissa & Miss Amber	4:00 - 5:00 Inter Contemporary	10:00 - 10:45 Creative Movement		10:00 - 10:45 Creative Movement
5:45 - 6:45 Pre-Inter Musical Theatre		5:00 - 6:00 Pre-Inter B Jazz		5:00 - 6:00 Inter Jazz		4:00 - 5:00 Junior Hip Hop with Miss Mackenzie	3:45 - 4:45 Pre- Competitive Jazz/ Hip Hop	1:30 - 2:30 Dance Mix ~Ballet Focus
7:00 - 8:00 Adult Session: Burlesque Nov. 16 - Dec. 7 4 weeks with Miss Jaymi		6:30 - 7:30 Pre-Inter Lyrical with Miss Amber & Miss Calissa		6:15 - 7:15 Adult Session: Salsa Nov. 18 - Dec. 9 4 weeks with Miss Jaymi		4:45- 5:45 Pre-Competitive Ballet		3:00 - 4:00 Dance Mix ~Jazz / Hip Hop Focus
8:00 - 9:00 Senior Ballet				7:30 - 8:30 Senior Jazz		6:00 - 7:00 Inter Ballet		4:15 - 5:00 Junior Tap
9:00 - 9:30 Senior Pointe				8:30 - 9:30 Senior Contemporary		7:00 - 7:30 Inter Pre-Pointe Will focus on technique and strength before graduating to Pointe 7:45 - 8:45 Senior Tap		5:15 - 6:15 Adult Session: Tap Nov. 13th - Dec. 18th 6 weeks

**Yellow
Background**
classes will be
held at the
Valley Fitness
Centre

**White
Background**
classes will be
held at the
United Dance
studio

